



TARGETSOLUTIONS
Technology with a Purpose

**FIRE & EMS
ONLINE COURSE CATALOG**





Preparation is vital in keeping firefighters effective and safe. That's why VFIS has partnered with TargetSolutions to deliver engaging, accredited online training.



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VFIS University's distance-learning program streamlines training and helps firefighters achieve compliance with mandatory requirements. Together with TargetSolutions, we offer more than 250 hours of Fire and EMS recertification courses. If you have any questions on our catalog, please contact us today at (800) 840-8048.

VFIS University Distance Learning

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TargetSolutions Online Training

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VFIS University

100 LEVEL COURSES

Introductory level courses to distance learning processes and Emergency Service topics.

- 100: Introduction to Distance Learning
- 101: Risk Management Issues Facing Emergency Service Organizations *(Coming Soon!)*
- 102: Liability Issues, Concerns and Remedies for Fire & EMS Agencies *(Coming Soon!)*
- 103: Leadership
- 104: Seat Belt Safety
- 105: Bloodborne Pathogen Management Refresher *(Coming Soon!)*
- 106: Harassment Prevention Annual Refresher *(Coming Soon!)*
- 107: Personally Owned Vehicle Safety *(Coming Soon!)*
- 108: Reputational Risk Issues Facing Emergency Service Organizations
- 109: Background Checks for Fire & EMS Agencies
- 110: Ergonomic Issues for Fire & EMS Agencies
- 111: Social Media Issues Facing Fire & EMS Agencies
- 112: Financial Management Issues for Fire & EMS Agencies
- 113: Recruitment & Retention of Emergency Service Personnel

200 LEVEL COURSES

Programs assume your knowledge of distance learning system use and basic understanding of risk management processes of Risk Control and Risk Financing.

- 201: Emergency Responder Safety - At the Station *(Coming Soon!)*
- 202: Emergency Responder Safety - On the Street *(Coming Soon!)*
- 203: Emergency Responder Safety - At the Scene *(Coming Soon!)*
- 204: Preventive Maintenance *(Coming Soon!)*
- 205: Disaster Planning for Emergency Service Organizations *(Coming Soon!)*
- 206: Intersection Safety – Operation Safe Arrival *(Coming Soon!)*
- 207: Backing Safety *(Coming Soon!)*
- 208: Highway Safety for Emergency Service Personnel *(Coming Soon!)*
- 209: Patient Handling *(Coming Soon!)*

300 LEVEL COURSES

Programs assume your working knowledge of both emergency service risk management content and state related programs and requirements.

- 310: FASP Recruitment & Retention Training *(Coming Soon!)*
- 320: FASNY Sexual Harassment Prevention *(Coming Soon!)*
- 321: FASNY Seat Belt Safety *(Coming Soon!)*
- 322: FASNY Privately Owned Vehicle Safety *(Coming Soon!)*
- 333: FASNY Intersection Safety *(Coming Soon!)*
- 334: FASNY Leadership 1 *(Coming Soon!)*

400 LEVEL COURSES

Programs are specific certification maintenance programs by organization and with the organization's approval.

- 401: FASNY - Occupational Safety and Health Refresher Course *(Coming Soon!)*
- 402: Vanessa K. Free – Tennessee Vehicle Operations Safety *(Coming Soon!)*
- 420: FDSOA Recertification – Unit 1 *(Coming Soon!)*
- 421: FDSOA Recertification – Unit 2 *(Coming Soon!)*
- 422: FDSOA Recertification – Unit 3 *(Coming Soon!)*
- 423: FDSOA Recertification – Unit 4 *(Coming Soon!)*
- 424: FDSOA Recertification – Unit 5 *(Coming Soon!)*
- 425: FDSOA Recertification – Unit 6 *(Coming Soon!)*

TargetSolutions

TargetSolutions' course catalog delivers more than 250 hours of recertification courses for emergency responders. Courses based on the NFPA codes and standards, including NFPA 1001, 1021 and the 1500 Series. Courses also cover wildland fire, response to terrorism and much more.

NFPA 1001 SERIES | FIREFIGHTER I & II

TargetSolutions has a complete library of Firefighter I & II awareness and refresher level courses based on NFPA codes and standards.

- Building Construction
- Fire Behavior
- Fire Control
- Fire Department Communications
- Fire Detection, Alarm & Suppression Systems
- Fire Hose
- Fire Prevention and Public Education
- Fire Streams
- Firefighter Orientation and Safety
- Firefighter Personal Protective Equipment
- Firefighting Foams
- Forcible Entry into a Structure
- Ground Ladders
- Loss Control
- Portable Extinguishers
- Protection of Evidence of Fire Origin & Cause
- Rescue and Extrication
- Self-Contained Breathing Apparatus
- Vehicle Extrication
- Ventilation
- Water Supply

NFPA 1021 SERIES | COMPANY OFFICER

TargetSolutions has developed a complete line of company officer awareness and refresher level courses based on NFPA codes and standards.

- Action Plan Implementation
- Assuming the Role of Company Officer
- Budgeting
- Community Awareness
- Company-Level Training
- Elements of Supervision and Management
- Fire and Life Safety Inspections
- Fire Department Communications
- Fire Department Structure
- Fire Investigation
- Firefighter Safety and Health
- Government Structure
- Incident Response Safety

- Incident Scene Communications
- Incident Scene Management
- Information Management
- Labor Relations
- Leadership as a Group Influence
- Legal Responsibilities and Liabilities
- Pre-Incident Planning
- Professional Ethics
- Public Education Programs

NFPA 1500 SERIES

This series of courses is designed specifically for the fire industry and meets the NFPA 1500 code requirements. These courses were developed in conjunction with the NFPA, and specific content experts at the NFPA participated in their creation.

- Advanced HAZWOPER Awareness (Modules 1–4)
- Bloodborne Pathogens Safety
- Combustible & Flammable Liquids
- Compressed Gas Safety
- Confined Space Entry
- CPR Academic
- Driving Safety
- Hazard Communication
- HAZMAT Spill Prevention & Control
- HAZMAT Transportation
- Laboratory Safety
- Materials Handling, Storage, Use & Disposal
- Personal Protective Equipment
- Respiratory Protection
- Welding Safety

GENERAL

- Customer Service for Fire Department Personnel
- Emergency Response to Terrorism (Modules 1–4)
- Fire & EMS Grant Writing
- Fire Industry Driver Intersection Safety
- Fire Industry Driver Operator
- Fire Industry Introduction to Wildland Fire Behavior
- First Responder Hybrid Vehicle Incidents
- First Responder Operations Level Refresher (Modules 1–4)
- Firefighter Rehabilitation (Modules 1 and 2)
- NFPA 1403 Live Fire Training Evolutions
- NFPA 1584 Firefighter Rehabilitation

WILDLAND FIREFIGHTING

- RT-130 Annual Wildland Fire Safety Refresher (Modules 1–4)
- S-190 Introduction to Wildland Fire Behavior (Modules 1–4)

EMERGENCY MEDICAL SERVICES

TargetSolutions offers a comprehensive catalog of online EMS continuing education courses accepted by CECBEMS in the following states: Arkansas, Hawaii, Iowa, Kansas, Kentucky, Maine, Maryland, Mississippi, Montana, Nebraska, Nevada, New Hampshire, North Carolina, Oregon, South Carolina, South Dakota, Tennessee, Utah, Vermont, Washington D.C., and West Virginia.

TargetSolutions' EMS courses allow first responders, EMT-Basics, EMT-Intermediates and EMT-Paramedics to complete their continuing education requirements in an engaging and easy-to-use format.

PREPARATORY

- Clinical Decision-Making
- Common Infectious Pathogens
- Communication and Documentation
- Cultural Diversity for EMS Providers (2 hours)
- Diet & Nutrition
- Health & Wellness
- HIPAA Awareness
- Infectious Disease Control
- Medical, Ethical, and Legal Issues
- Protecting Yourself from Influenza
- Therapeutic Communications (2 hours)
- Workplace Stress

AIRWAY

- Advanced Airways: Intubation and Beyond (2 hours)
- Airway Management Advanced (2 hours)
- Airway Management Basic
- Blind Nasotracheal Intubation
- Capnography
- Mechanics of Breathing
- Orotracheal Intubation
- Respiratory System A&P Review
- Suctioning the Patient Airway
- Supplemental Oxygen
- Tracheostomies Advanced (2 hours)

PATIENT ASSESSMENT

- Assessing the Patient with Major Trauma (2 hours)
- Patient Assessment Advanced
- Patient Assessment Basic
- Rapid Secondary Assessment
- Special Challenges in Patient Assessment (2 hours)

MEDICAL

- Acute Respiratory Distress Syndrome Advanced
- Allergies and Anaphylaxis Advanced
- Allergies and Anaphylaxis Basic

- Altered Mental Status Advanced
- Altitude Emergencies (2 hours)
- Aquatic Emergencies (2 hours)
- Asthma Advanced
- Behavioral Emergencies Advanced
- Behavioral Emergencies Basic
- Carbon Monoxide Poisoning
- Cardiac Emergencies Advanced
- Cardiac Emergencies Basic
- Cardiovascular Anatomy & Physiology Review
- Complete Resuscitation: Integrating Post-Care Advanced (2 hours)
- Date Rape Drugs (2 hours)
- Diabetic Ketoacidosis Advanced
- Endocrine System Emergencies Advanced (2 hours)
- Epilepsy
- Fundamentals of 12 Lead ECG Operation and Interpretation
- H1N1 (Swine Flu)
- Heat Illness and Emergencies
- Hematology
- HIV/AIDS Awareness (2 hours)
- Intraosseous Infusion Advanced
- Intro to Arrhythmias: Escape Rhythms and Premature Complexes
- Intro to Arrhythmias: Tachy-arrhythmias and Fibrillation
- Managing Cardiac Arrest: During and After Resuscitation (2 hours)
- Medication Errors
- Methamphetamine (2 hours)
- MRSA Infections
- Non-Traumatic Abdominal Injuries
- Non-Traumatic Chest Pain
- Obstetrical Emergencies Advanced (2 hours)
- Operating an AED
- Pharmacology Advanced (2 hours)
- Pharmacology Basic
- Poisoning and Overdose
- Prehospital Pulmonary Embolism Care
- Renal Failure Advanced
- Respiratory Emergencies Advanced
- Respiratory Emergencies Basic
- Toxicology and Substance Abuse Advanced (2 hours)
- Understanding the Basics of ECGs

TRAUMA

- Abdominal Trauma Advanced
- Abdominal Trauma Basic
- Amputation Injuries Advanced
- Bleeding and Shock Advanced
- Bleeding and Shock Basic
- Bomb Blast Injuries Advanced
- Burn Management Advanced (2 hours)
- Burn Management Basic

- CNS Injuries Advanced
- CNS Injuries Basic
- Environmental Emergencies Advanced
- Environmental Emergencies Basic
- Femur Fractures
- Gunshot Wounds (2 hours)
- Head and Facial Injuries Advanced
- Injuries and Infections of the Eye
- Kinematics of Trauma
- Musculoskeletal Injuries Advanced
- Musculoskeletal Injuries Basic
- Pelvic Fractures Advanced
- Spinal Cord Injuries (2 hours)
- Thoracic Emergencies Advanced
- Thoracic Emergencies Basic
- Traumatic Head and Brain Injuries Advanced (2 hours)
- Traumatic Injury During Pregnancy

ADDITIONAL COURSES

- AHA HeartCode ACLS
- AHA HeartCode BLS
- AHA HeartCode PALS

SPECIAL CONSIDERATIONS

- Bariatric Patients (2 hours)
- Geriatric Behavioral Emergencies (2 hours)
- Geriatric Emergencies Advanced
- Geriatric Emergencies Basic
- Geriatric Hip Injuries
- Managing Chronic Care Patients
- Neonatology Advanced (2 hours)
- Obstetrical Emergencies Advanced (2 hours)
- Obstetrical Emergencies Basic
- Patient Abuse and Assault (2 hours)
- Patients with Special Challenges
- Pediatric Airway Management Advanced (2 hours)
- Pediatric Assessment
- Pediatric Burns Advanced
- Pediatric Cardiac Arrest Advanced (2 hours)
- Pediatric Emergencies Advanced (2 hours)
- Pediatric Emergencies Basic (2 hours)
- Pediatric Shock Advanced (2 hours)
- Pediatric Trauma Advanced (2 hours)
- Sudden Infant Death Syndrome (SIDS)

OPERATIONS

- Back Injury Prevention
- Confined-Space Entry
- Crime Scene Awareness (2 hours)
- Driving Safety
- Emergency Response to Terrorism (Modules 1–4)
- Fire & EMS Grant Writing
- First Responder Operations Level Refresher (Modules 1–4)
- Hazard Communication
- Introduction to Hazardous Materials (2 hours)
- Managing Multiple Casualty Incidents
- Medical Extrication & Rescue (2 hours)

OSHA & COMPLIANCE

TargetSolutions' online courses can be used to help comply with OSHA and other federal and state regulatory agency training mandates. Complete all of your required compliance training courses online, eliminating the logistic issues inherent in traditional training methods. OSHA & Compliance courses cover the following categories: General Safety, Environmental Awareness, Human Resources and supervisor-related course topics.

COMPLIANCE

- Cal/OSHA Log 300
- General HIPAA Awareness
- Sexual Harassment Awareness
- Workplace Diversity

OCCUPATIONAL HEALTH & SAFETY

- Advanced Construction Safety (Modules 1-4)
- Aerosol Transmissible Diseases
- Alcohol-Free Workplace
- Asbestos Awareness
- Back Injury Prevention
- Building Evacuation and Emergencies
- Diet & Nutrition
- Disaster Preparedness
- Drug-Free Workplace
- Electrical Safety
- Eye Safety
- Fall Protection
- Fire Extinguisher Safety
- Fire Prevention Safety
- First Responder Operations Level Refresher (Mods. 1-4)
- Forklift Safety
- General Construction Safety
- General First Aid Part 1
- General First Aid Part 2
- General Office Ergonomics
- Hand & Power Tool Safety
- Health & Wellness
- Hearing Conservation
- HIV/AIDS Awareness
- Incident Investigation
- Indoor Air Quality
- Industrial Ergonomics
- Ladder & Scaffolding Safety
- Laser Safety
- Lead Awareness
- Lock-Out / Tag-Out
- Machine Guarding
- Office Safety
- Radiation Safety
- Risk Assessment Analysis
- Slips, Trips, & Falls Prevention
- Trenching & Shoring
- Working in Extreme Temperatures
- Workplace Stress
- Workplace Violence

HUMAN RESOURCES

TargetSolutions' Human Resources courses are designed to supplement the course catalog by providing training that is relevant and essential to all employees. Courses covering Employment Practices for Supervisors cover issues encountered in the workplace for individuals tasked with making employment decisions, including issues of harassment, hiring and termination, discrimination, evaluation and documentation.

HUMAN RESOURCES

- Alcohol-Free Workplace
- Computer Security Awareness
- Customer Service
- Drug-Free Workplace
- Ethics in the Workplace
- General HIPAA Awareness
- General Office Ergonomics
- Health & Wellness
- Office Safety
- Red Flag Rules (Identity Theft Protection)
- Sexual Harassment Awareness
- Workplace Diversity
- Workplace Stress
- Workplace Violence

EMPLOYMENT PRACTICES FOR SUPERVISORS

- Anger, Violence, and Conflict in the Workplace
- Dealing with Issues of Alcohol and Substance Abuse
- Discipline and Termination
- Employment Practices Overview
- Interviewing and Hiring
- Performance Management
- Preventing Discrimination in the Workplace
- Reasonable Suspicion of Alcohol for Supervisors
- Reasonable Suspicion of Drugs for Supervisors
- Understanding Employee Leave
- Motor Vehicle Incident Investigation for Supervisors
- Motor Vehicle Personnel Selection for Supervisors
- Motor Vehicle Safety Overview for Supervisors
- Sexual Harassment for Supervisors

CALIFORNIA STATE MANDATED TRAINING

- CA Local Agency Ethics (AB 1234)
- Cal/OSHA Log 300
- Sexual Harassment for Supervisors (California AB 1825)

EMERGENCY VEHICLE OPERATOR TRAINING

TargetSolutions' Emergency Vehicle Operator courses offer departments a convenient, easy-to-use, and time-saving solution to reduce motor vehicle losses, one of the costliest but least addressed losses in the workplace.

DRIVER CURRICULUM

- Accidents & Emergencies for Emergency Vehicle Operators
- Adjusting to Changing Conditions for Emergency Vehicle Operators
- Dangers of Speeding for Emergency Vehicle Operators
- Defensive Driving Strategies for Emergency Vehicle Operators
- Distracted Driving for Emergency Vehicle Operators
- Driver Safety Orientation for Emergency Vehicle Operators
- Emergency Vehicle Characteristics
- Emergency Vehicle Operations
- Impaired Driving for Emergency Vehicle Operators
- Intersection Safety for Emergency Vehicle Operators
- Legal Considerations for Emergency Vehicle Operators
- Safe Backing for Emergency Vehicle Operators
- Seat Belt & Airbag Safety for Emergency Vehicle Operators
- Securing Materials for Transportation for Emergency Vehicle Operators

TARGETSOLUTIONS

Simplify Training. Simplify Compliance.

The VFIS Has Partnered with TargetSolutions to Deliver the Ultimate Online Training Experience.

